





GET OFF YOUR APATHY!

Workshop Descriptions

Presenter	Description
 <p data-bbox="365 646 718 734">Volunteer Ottawa Bénévoles Ottawa</p>	<p data-bbox="764 581 1923 721">Volunteering with Social Justice In Mind: Charity and civic duty are great reasons to volunteer but they need not be the only reasons. In this workshop, learn how volunteering can be a way to learn about and attempt to address social injustices that are at the heart of issues that are near and dear to us.</p>
 <p data-bbox="394 782 646 841">Katimavik</p>	<p data-bbox="764 743 1314 808">Get a Life! – The Katimavik Experience Description coming soon.</p>
<p data-bbox="197 932 352 1042">Canada World Youth</p>  <p data-bbox="550 932 730 1042">Jeunesse Canada Monde</p>	<p data-bbox="764 893 1138 958">International Volunteering Description coming soon.</p>
 <p data-bbox="336 1305 609 1351">Y O U C A N</p>	<p data-bbox="764 1071 1885 1175">Taking Action: How do you take an idea and move it into action that leads to positive results? This interactive workshop provides some training on brainstorming the steps necessary to bring an action plan from the creation phase to completion.</p>



Making it Better: What do you do when queerphobia strikes? How can you be an ally to GLBTTQ youth? We'll go into how to react and challenge queerphobia regardless of your sexual orientation or gender.



Youth Net – who are we, what do we do, how can you get involved? What is mental health, what is mental illness, what is the difference? Correlation between healthy coping strategies and positive mental health and reducing the stigma associated mental illness and its treatment.



The Civic Participation Toolkit: A for youth, by youth workshop on municipal government in Ottawa. It covers issues such as how our government works, who are the key players in municipal government and how to effectively voice your opinion in Ottawa.



Taking Action - Bottle Water Campaign: By using a campaign to reduce the use and purchase of bottled water in a school or municipality as an example, we will explore how you can take an action that is individual and local, and make it a collective action that has a global reach. Come learn about the bottled water campaign and how to take an individual action and transform it into a broader and larger campaign.



Passez à l'action - Campagne sur l'eau embouteillée: En prenant une campagne pour réduire l'utilisation et l'achat d'eau embouteillée dans une école ou une municipalité comme exemple, nous explorerons comment nous pouvons partir d'une action qui est locale et individuelle, et faire d'elle une action collective avec une portée globale. Venez en apprendre plus sur la campagne sur l'eau embouteillée et comment partir d'une action individuelle et la transformer en campagne à plus grande envergure.














Forming Clean Energy Teams in Your School of Neighbourhood:

Description coming soon.



Happy, Healthy Schools: What if exploring happiness and all those things that make our heart sing, rather than the threat of demise (climate change), turns out to be the best way to inspire greener lifestyles? Explore the High School Climate Challenge (140 actions to green your school) through the science of sustainable happiness....and join schools across Canada in competing for the \$1,000 top prize.

Workshop Schedule

	Session 1: 10:25-11:15	Session 2: 11:25-12:15	Session 3: 1:25-2:15
Room 1 – Theatre	<p>Taking Action - Bottled Water Campaign</p> 	<p>Passez à l'action - Campagne sur l'eau embouteillée</p> 	<p>Forming Clean Energy Teams</p> 
Room 2 – Studio	<p>Volunteering with Social Justice In Mind</p> 	<p>Get a Life! – The Katimavik Experience</p> 	<p>En Français</p> 
Room 3 – The Library	<p>Making it Better</p>  <p>Pink Triangle Services</p>	<p>The Civic Participation Toolkit</p>  <p>Child and Youth Friendly Ottawa</p>	<p>Happy Healthy Schools</p> 
Room 4 – The “Courtroom”	<p>Youth Net</p> 	<p>English</p> 	<p>Taking Action</p> 